

NEWBOLD CHIROPRACTIC, APC
650-726-3300



Our new "Cutting Edge Laser" Therapy Machine has come to our office. Laser is the latest technology for patient care in the United States. By no means is it "experimental" therapy as Laser has proven itself successfully in Europe for over 30 years. This specific laser that we have was FDA approved in 2002. No other laser on the market can come close to being as effective as this one.



This machine is safe, has **no side effects**, reduces pain and inflammation and helps people recover quicker from injuries and surgery. The following are frequently asked questions including a list of the many conditions or ailments the laser can help with.

What is Laser Therapy?

Laser therapy uses specific wavelengths of light to treat painful and debilitating conditions.



How does it Work?

Light energy enters damaged cells and stimulates their inter-cellular activity. This reduces pain in the area and speeds recovery of the cells. Once the cells recover, the process is complete.

What can I expect during the treatment?

Laser therapy is a painless treatment that usually lasts 10 minutes. You may experience a comfortable or warm sensation at the point of application.

What can I expect after the treatment?

70-80% of the patients seen positive results after 1-2 treatments. The swelling is greatly reduced and there is rapid relief of pain. Chronic conditions can be controlled with regular treatments. Acute conditions subside quickly.

What are commonly treated conditions?

- tendon and ligament injuries
- disc disease (bulges, herniations, injuries)
- soft tissue injuries
- muscle strains and tears
- joint and muscle pain
- arthritis and degenerative joint conditions applications
- neurological pain
- chronic non-healing wounds
- general pain
- musculoskeletal disorders
- pre and post surgical treatment
- anti-inflammation and anti-edema

How much treatment do I need?

For most conditions that we help you with, a series of 6 treatments are recommended. We schedule them with no more than 1-2 days in between as the effects of the laser are cumulative. You feel better with each successive treatment.

Once the 6 are finished, you may choose to have treatments monthly or every two months depending on how good you feel.

What does treatment cost?

The series of 6 treatments costs \$240.00. Although we do not recommend single visits, sometimes they are necessary and will cost \$40.00. Insurance does not cover the cost of these visits but that is in the works. Your flexible spending or health savings accounts will cover the laser treatments and we will furnish you a receipt. We do accept Visa.

Can I come in just for the Laser Treatment and not Chiropractic care?

Yes. No matter if you are currently our patient or not, we obtained this technology to help people with painful conditions or situations. You are welcome to come for laser treatments only. Some of you reading this would never consider going to the Chiropractor in the first place. If you, your family or friends are interested in the laser, just give us a call to schedule. You will be surprised at how much the laser can help you.

If I am not a patient and want just laser treatment, what is expected of me?

You can call to schedule an appointment where we will need to do an initial exam to find out about your specific health condition and find out how laser therapy can help you. We can explain what is happening with your body, your condition and outline your treatment plan. We will then perform your first laser treatment that day. Expect to spend 30 minutes on your first visit, then 15 minutes for visits after that. The fee for the initial exam is \$55.00

Payment of your laser sessions will be expected at the time of first treatment. Even though health insurances may not pay for the laser treatments, your insurance may pay for your initial examination. Your health savings account or flexible spending may also be used to pay for your treatments. We will furnish you with a receipt to submit for reimbursement. We also accept Visa



If you have any questions, please feel free to call our office at:

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